



**Homestead Court Club
Liability Waiver & Informed Consent**

I am aware that injury or accident may occur during exercise or organized activity. I agree that I will go at my own pace and ease any activity should I develop shortness of breath or pain. I affirm that I will not use the facility if I have a medical condition that would prohibit me from participating in physical activity. Guests who have heart, respiratory or other health conditions may be affected by exercise in higher elevations. It is recommended that you consult your physician before beginning any exercise or activity program. Be advised that when exercising at higher elevations, doctors recommend that you hydrate more often than at sea level.

I hereby agree that to the fullest extent allowable by law, I shall hold harmless and indemnify Owners and Managers, and all of their directors, officers, agents and employees for all losses, claims, liabilities, injuries, costs and expenses, that Owners and Managers may incur by reason of any injury or damage sustained to any person or property arising out of or occurring in connection with my use of the Homestead Court Club. It is specifically agreed that Homestead Court Club shall not be responsible or liable to the undersigned for articles lost or stolen in connections with the club's services. This waiver shall be binding upon the undersigned's heirs, administrator's, executors and assigns.

The undersigned hereby represents that he/she has read and understood this liability waiver and acknowledges that this waiver is being relied on by Homestead Court Club in agreeing to provide Fitness/Dance Services to the undersigned.

Signature: _____

Print Name/Child's Name: _____

Date: _____