



Homestead Owners Association & Court Club

August Events

**Last Day of Summer
Swim Team**
Thursday, August 4th

**Vail Valley Junior
Tennis Tournament**
August 6th-7th

Board & DRC Meeting
Friday, August 12th @ 9am

**Last Day of Clubhouse
Summer Camp**
Thursday, August 25th

**Last Day of Summer
Tennis Programs**
Friday, August 26th

**HCC End of Summer
Party & BBQ**
Saturday, September 3rd

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

9:00am-12:00pm Sat.

Website:

Homesteadcourtclub.com

Homestead's Annual
End of Summer Party & BBQ
Saturday, September 3rd, 4:00-7:00pm

Please join us on Saturday, September 3rd, from 4-7pm for Homestead's Annual End Of The Summer Party & BBQ. Help us celebrate the last days of summer with a live music performance, family games, jumpy house, face painting, food & drinks, and a mechanical bull! Please plan to walk or carpool to the club if you can, as limited parking will be available.

Tennis News

Reminder: Vail Valley Junior Satellite tournament is Aug 6-7. This is a satellite level event and will offer singles draws for 10's, 12's, 14's, 16's and 18's boys and girls. This is a great tournament that will bring in players from all over the state. A fun way to start your child in tournament play. Contact Derek Fisher for more information, or go to usta.com tennis link and enter tournament code 257208311.

Thanks to everyone who participated in our annual Vail Valley NTRP Tennis Tournament. This year we had 144 total event entrants! Congratulations to these HCC winners:

Women's 3.0 Singles Consolation Winner: Christy Brown

Women's 4.0 Singles Main Draw Champion: Carrie Benway

Men's 4.5 Doubles Main Draw Champions: Mike Barca & Jordan Jacob

Women's 3.0 Dbls Main Draw Champions: Emily Marion & Carrie Williams

Women's 4.0 Doubles Main Draw Champions: Carrie Benway & Judi Leseur

3.5 Mixed Doubles Main Draw Champions: Brian Boselli & Brittany Denning

4.0 Mixed Doubles Consolation Winners: Kristy Maslan & Bill McNamara

4.5 Mixed Doubles Main Draw Champions: Robin Behrstock & Mike Evans

Many thanks to our tournament sponsors: Alpine Bank, Marko's Pizzeria, Sato, Café 163, Moe's BBQ, Vin48, Roofworx, Bob's Place, One Source Documents, USTA, and Homestead!

Summer Tennis Ending: The last week of summer programs is 8/22-8/26.

Congratulations to Homestead's USTA Women's Tennis Teams! This summer all three of Homesteads women's USTA teams made it to Districts. District playoffs are in Denver beginning on July 29th. Congratulations to the 3.0, 3.5, and 4.0 Homestead Women's USTA teams. Good luck at Districts!

Fall Tennis Programs: Begin the week of September 12th and will run for 12 weeks, no programs the week of Nov.21-25. Sign up flyers will be available at the front desk beginning on Aug. 1st.

Fall Tennis Leagues: Leagues will begin the week of September 12th, and will run for 10 weeks. League sign up sheets will be available at the front desk on August 1st.



Homestead Trailer Policy Reminder

With camping season in full swing, we have noticed a lot of trailers parked in driveways recently. We would like to remind all homeowners that Homestead does not allow trailers to be parked in driveways, except for temporary loading and unloading. Please note Homestead's trailer storage policy:

"No Lot, streets, private streets, drives or parking areas, unless specifically designated by the Association therefore, shall be used as a parking, storage, display or accommodation area for any type of house trailer, camping trailer, boat trailer, hauling trailer, boat or accessories thereto, truck larger than a 1 ton pickup truck, or any type of motor home except as a temporary expedience for loading, delivery, emergency, etc. The same shall be stored, parked or maintained wholly within a garage area of a dwelling unit with the garage door in a closed position." (Architectural Standards, 2,G)

If you need to temporarily park a trailer in your driveway, please contact Tracy Erickson at the club. Thank you!

Board Of Directors Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Friday, July 8th, 2011 at 9:00am. In the DRC portion of the meeting one proposal was approved for a new single family residence at 196 Russell Trail. Matters Pending included discussion regarding the Scudder/Webster Open Space Proposal. The meeting minutes from the meeting on June 10, 2011 were approved. The May 2011 financial report was approved by the Board. The meeting adjourned at approximately 9:59am.

Children's Programming News



Homestead's action packed after school program concentrating on education, fitness, and creativity will begin this fall on Tuesday, September 6th. The ASP will meet Monday through Friday from 3:00-6:00pm at the Homestead Court Club and will utilize all of the great Homestead Club facilities including parks, trails, and Homestead neighborhoods. **PRICE:** \$17 a day for Members and \$22 a day for Non-Members. **REGISTRATION:** Registration packets are available now at the front desk, or by email request to Jillian at jillian@homesteadcourtclub.com.

Kids Camp: There are still spots available in our kids camp program for the remainder of the summer. Registration packets are available at front desk or on our website. The last day of camp is Thursday, August 25th. Please contact Jillian Labbe for more information.

Fitness News

Try Intro to TRX with JP on Tuesday evenings at 5:30pm and Wednesday mornings 8:35am. Come and try this new fitness trend and get a great workout for functional strength! JP welcomes people of all fitness levels. Sign up at the front desk is required. Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.

August Fitness Schedule Changes: Missy's Tuesday 12:00-1:00pm Mat Pilates Class has been taken off the schedule.

Returning this fall: Gentle Yoga with Wendi Buick and Spin & Abs with Heidi Trueblood will return this fall.

Bear Country & Trash Can Reminder

Most conflicts between bears and people are linked to careless handling of food or garbage. Bears will eat almost anything including human food, garbage, hummingbird food and pet food. Once a bear has found the easily accessible food source, it may visit regularly.

We would like to remind you of Eagle County's Wildlife Ordinance:

The Eagle County Wildlife Protection and Waste Disposal Ordinance (07-001) was passed by the Board of County Commissioners in the spring of 2007. There are two main components to the ordinance, both aimed at preventing the feeding of wildlife. The first component requires that trash remain inside a garage or other locked structure at all times, except for 6 a.m. - 7 p.m. on trash day. The second major component requires that all trash, residential and commercial, be placed in a wildlife-resistant trash container when it is not inside.

Homestead requires all residents keep their garbage cans inside at all times except for trash day. Staff will be patrolling the neighborhood and issuing fines for violating these guidelines and the Wildlife Ordinance.



August Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin (Todd)			Spin (Jennifer) Super Sculpt (Beth)		
7:10-8:30am		Vinyasa Flow Yoga (Kristina)				
8:35-9:35am			8:35am Intro to TRX* (JP)		Board Meeting 8/12/11 9:00am	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am					Anusara Inspired Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Christy)		S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:00pm						
5:00-5:30pm			Washboard Abs (Missy)	5:00-6:00pm Pilates Mat Class (Missy)		
5:30-6:30pm	Athlete's Edge (Justin)	Intro to TRX* (JP)	Horizontal Conditioning (Missy)			
6:35-7:35pm	Hatha Flow (Lindsey)		6:35-7:50 Vinyasa Flow (Janice)			

***Please call the front desk to sign up for classes with an asterisk* Homestead homeowners and their tenants may reserve their space 48 hours in advance and Non-resident members may reserve their space 24 hours in advance. Please call 970-926-1067 to sign up.**



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ANUSARA INSPIRED YOGA - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

ATHLETE’S EDGE— An intense workout focusing on strength while incorporating intervals, plyometrics and core work.

BODY SHOP— Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

HORIZONTAL CONDITIONING — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

INTRO TO TRX TRAINING — The much talked about TRX is a total body suspension training system. By using your own body weight and vector angles the TRX system provides a well-rounded workout for the entire body. For those who like or want core work and need a quick effective workout this is it because the TRX is lots of core all the time. The class will start with the basic movements and introduction to suspension training. Once the foundation is in place individuals can advance at their own pace in class.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga flows from one pose allows for a lot of variety, but you can expect movement, not just stretching.

WASHBOARD ABS — 30 minutes of intense abdominal and lower back training.



August Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-9:15am							
9:15-10:15am	Swim Team			Swim Team			
10:15am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:15pm	Kids Camp in pool	Kids Camp in pool	Kids Camp in pool	Kids Camp in pool			
3:15-4:15pm		Swim Team	Swim Team				
4:20-5:20pm							
5:20-6:00pm							
6:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Reminder: The last day of Summer Swim Team is Thursday, August 4th



August Tennis Schedule

Court Times	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00 am						
7:00-8:30am						
8:30-10:00am	Women's 3.0-4.0 League Play					8:30-9:30am 4.0+ Drop In Clinic*
10:00-11:30am	Advanced Beginner Clinic 10:00-11:00am Mighty Mites	3.0-3.5 Clinic 10:00-11:00am Mighty Mites	10:00-11:00am Mighty Mites	10:00-11:00am Mighty Mites		9:30-10:30am 3.5-4.0 Drop In Clinic*
11:30-1:00pm	11:00-12:00 Superstars	11:00-12:00 Superstars	4.0+ Drop In Clinic* 11:00-12:00 Superstars	11:00-12:00 Superstars	3.0-3.5 Drop In Clinic*	10:30-11:30am 3.0 Drop In Clinic*
1:00-2:30pm	Intermediate Junior Clinic	Intermediate Junior Clinic	Intermediate Junior Clinic	Intermediate Junior Clinic		
2:30-4:00pm	High School Tennis JET Tennis	High School Tennis JET Tennis	High School Tennis JET Tennis	High School Tennis JET Tennis		
4:00-5:30pm	4:00-5:00 Mighty Mites	4:00-5:00 Mighty Mites	4:00-5:00 Mighty Mites	4:00-5:00 Mighty Mites		
5:30-7:00pm				3.5+ Drop In Clinic*		
7:00-8:30pm						
8:30-10:00pm						

Reminders:

Summer tennis programs are ending on Friday, August 26th.

Fall Tennis Programs: Begin the week of September 12th and will run for 12 weeks, no programs the week of Nov.21-25. Sign up flyers will be available at the front desk beginning on Aug. 1st.

Fall Tennis Leagues: Leagues will begin the week of September 12th, and will run for 10 weeks. League sign up sheets will be available at the front desk on August 1st.

***To sign up for a drop in clinic please call 970-926-1067. Member price is \$20 for one hour drop in clinics and \$25 for 1.5 hour drop in clinics.**