



# Homestead Owners Association & Court Club

## June Events

**Last Day of HCC After  
School Program**  
Friday, June 3rd

**Summer Tennis  
Programs Begin**  
Monday, June 6th

**Board & DRC Meeting**  
Friday, June 10th @ 9am

**Summer Camp Begins**  
Monday, June 13th

**Swim Team Begins**  
Monday, June 13th

**Father's Day**  
Sunday, June 19th

**Ice Cream Social**  
Thursday, June 23rd

## General Club Information

### Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

### Phone:

970-926-1067

### Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

### Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

9:00am-12:00pm Sat.

### Website:

[Homesteadcourtclub.com](http://Homesteadcourtclub.com)

## HOMESTEAD'S OPEN SPACE AND PROPERTY SURROUNDING HOMESTEAD

Homestead's Board of Directors is having ongoing legal negotiations with Eagle County regarding placing a portion of Homestead's open space into a conservation easement as part of the County's open space purchase of the Scudder/Webster parcel adjacent to Homestead. Homestead's Board is encouraging public input on the details of the agreement and will be considering its approval at the next Board meeting. For more information please check the front page of our website or send an email with questions or comments to [land@homesteadcourtclub.com](mailto:land@homesteadcourtclub.com).

## Summer Kids & Tennis Camps

Sign up today for Homestead Clubhouse Kids Camp and/or Homestead's Junior Tennis Camp. There are still spaces available for both camps and there is a discount if you register for both camps at once! Homestead Clubhouse Kids camp is held every Monday—Thursday from 8:30am-5:15pm beginning the week of June 13th. Junior Tennis Camps are held every Monday—Thursday from 1:00-4:00pm beginning the week of June 6th. For more information, or to register for either of these great camps please visit our website or stop by the club and ask to speak with Jillian Labbe or Derek Fisher.

## 7th Annual Ice Cream Social

We are kicking off Homestead's Summer Events on Thursday, June 23rd from 6:30-8:00pm. Join us for a fun filled evening where you can build your own ice cream sundae and mingle with your neighbors. We hope to see you there!

## Summer Membership Special

Now is the time to invite your friends and family to join Homestead. We are currently offering no initiation fee to join the club and dues of \$100 per month for an individual or \$135 per month for a family membership. That is a savings of \$250 off the regular price! Plus if you pay for one year in advance, we will give you your first month free! A non-resident membership includes full access to the club, including over 25 free group fitness classes each week, two indoor tennis courts, six outdoor tennis courts, spin studio, Reformer Pilates studio, Kids Camp, Swim Team and much more! Please contact Kim Gauron at [kim@homesteadcourtclub.com](mailto:kim@homesteadcourtclub.com) or 970-926-1067 for more information.

## Members In The News

Congratulations to Homestead junior tennis players Erik Sortland and Colin Green who both won their age divisions (18's and 16's, respectively) in the Broomfield Swim & Tennis Junior Satellite Tennis Tournament that was held May 13-15, 2011 in Broomfield, Colorado.

## New Reformer Pilates Classes this Summer

Summer is not the time to slack off! Deana is offering three new 30 minute classes for only \$10 each this summer! Cardio Core Jumpboard (intervals of jumping and ab work on the reformer), Arms & Abs (intervals using the reformer and the chair) and Legs, Legs, Legs (intervals using the reformer and chair). These 30min Pilates equipment classes are intense. Give us 30 minutes and have a happy, healthier you! Call Deana at 331-6302 for more information. Maximum of 3 people per class.

### CARDIO TENNIS

This summer you can form your own Cardio Tennis group of four with Rob Honzo. Sessions will be 4 weeks for \$15. You may choose four people for your group and Rob Honzo will make sure he works you like a pro! For more information, or to sign up, please contact Rob Honzo: 970-331-9908 or [rhonzo@gmail.com](mailto:rhonzo@gmail.com)

## 2011 Water Use Regulations

The Eagle River Water and Sanitation District has mailed out the summer watering schedule with the most recent bill. In case you missed it we would like to remind you that if your address ends in an even number you may water on Sundays, Wednesdays, and Fridays and if your address ends in an odd number you may water on Tuesdays, Thursdays, and Saturdays. There is no watering allowed on Mondays. All watering must occur before 10am or after 4pm. If you have any additional questions regarding the watering schedule, or to learn more about conserving water and FREE water conserving kits please visit [www.erwsd.org](http://www.erwsd.org).

## Board Of Directors Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Friday, May 13th, 2011 at 9:00am.

Member Input included a member who was present to discuss matters of the Board going into Executive Session.

New Business included appointing Dale Nelson to fill Simon Chen's vacant Board seat.

Matters Pending included a lengthy discussion regard the Scudder/ Webster Open Space Proposal and an Executive Session with Eagle County Commissioner John Stavney.

The meeting minutes from April 2011 were approved. The March 2011 financial report was approved by the Board.

The meeting adjourned at approximately 12:05pm.

## Children's Programming News



**After School Reminders:** The last day of the After School Program will be Friday, June 3rd. There will be no After School Program held the week of June 6th-10th. Jillian is looking forward to seeing you at Camp this summer!

**Summer Camp at Homestead:** Summer Camp is beginning on Monday, June 13th and will run every Monday—Thursday from 8:30am-5:15pm through August 25th (No camp on Monday, July 4th). There are still spaces available, so sign up today! Registration packets are available at the front desk or on our website, [www.homesteadcourtclub.com](http://www.homesteadcourtclub.com).

**Childcare Reminder:** As a courtesy to Homestead Childcare staff, please arrive on time for your childcare reservations. Thank you!

## Summer Swim Team News

**Register now for summer swim team with coach Allison Barr!**

**Session 1 Dates:** June 13th - July 7th (No swim team on Monday, July 4th).

**Session 2 Dates:** July 13th—August 4th.

**Practice days and times:** Mondays and Thursdays from 9:15-10:15am, and Tuesdays and Wednesdays from 3:15-4:15pm. Allison welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool.

**Price:** \$95 per child per session for four days per week and \$85 per child per session for three days or less of practice per week.

**Sign Up:** Registration flyers are available at the front desk or on our website.

Please contact Coach Allison Barr at [allison@homesteadcourtclub.com](mailto:allison@homesteadcourtclub.com) if you have any questions or need additional information regarding swim team.

## Homestead Fitness News

**New Restorative Flow Yoga Class w/Kristina on Tuesdays from 7:00-8:15pm all levels are welcome!** Restorative Yoga focuses on relaxing the body in restful postures. Note that 'rest' is different than sleep. Rest provides the body an opportunity to renew and heal. Countless studies have proven the physical and emotional benefits of this practice. This Tuesday night class with Kristina will begin with a slow warm up, some soft fluid movements and possibly a few sun salutations. The last half of class will be extremely restorative with longer holds utilizing all of Homestead's lovely comfortable new props. Throughout class, dim lighting and relaxing music will aid in the healing and letting go of any muscular work. Hope you can join us!

Please check the Fitness Class Schedule as there are a few changes in June.



# June Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin* (Todd)	Spin (Jennifer)		Spin (Michelle) Super Sculpt (Beth)		
7:10-8:30am	Vinyasa Flow Yoga (Kristina)	Vinyasa Flow Yoga (Kristina)				
8:30-9:00am					Board Meeting 6/10/11 9:00am	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am					Anusara Inspired Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Christy)		S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Wendi)				
5:00-5:30pm			Washboard Abs (Missy)	4:45-5:45pm Pilates Mat Class (Missy)		
5:30-6:30pm	Athlete's Edge (Justin)	7:00-8:15pm Restorative Flow Yoga (Julia)	Horizontal Conditioning (Missy)			
6:35-7:35pm	Hatha Flow (Lindsey)		6:35-7:50 Vinyasa Flow (Janice)			

**\*Please call the front desk to sign up for classes with an asterisk 970.926.1067\***

**New Restorative Flow Yoga Class w/Kristina on Tuesdays from 7:00-8:15pm all levels are welcome!** Restorative Yoga focuses on relaxing the body in restful postures. Note that 'rest' is different than sleep. Rest provides the body an opportunity to renew and heal. Countless studies have proven the physical and emotional benefits of this practice. This Tuesday night class with Kristina will begin with a slow warm up, some soft fluid movements and possibly a few sun salutations. The last half of class will be extremely restorative with longer holds utilizing all of Homestead's lovely comfortable new props. Throughout class, dim lighting and relaxing music will aid in the healing and letting go of any muscular work. Hope you can join us!



## Fitness Class Descriptions

**20/20/20** - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

**ALL LEVELS HATHA FLOW YOGA** - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

**ANUSARA INSPIRED YOGA** - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

**ATHLETE’S EDGE**– An intense workout focusing on strength while incorporating intervals, plyometrics and core work.

**BODY SHOP**– Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

**HORIZONTAL CONDITIONING** — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

**PILATES MAT CLASS** - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

**SPIN** - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

**S.I.T.**– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

**SUPER SCULPT**-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

**VINYASA FLOW YOGA**— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga flows from one pose allows for a lot of variety, but you can expect movement, not just stretching.

**WASHBOARD ABS** — 30 minutes of intense abdominal and lower back training.

**YOGA SCULPT** — This class is a total body workout that lengthens & tones the major muscle groups. We will utilize free weights to move through our yoga postures. This is a complement to your traditional yoga practice that will push your limits of strength and flexibility. All levels are welcome.



# June Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-9:15am							
9:15-10:15am	Swim Team			Swim Team			
10:15am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:15pm							
3:15-4:15pm		Swim Team	Swim Team				
4:20-5:20pm							
5:20-6:00pm							
6:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

**Summer Swim Team:** Swim Team will begin on Monday, June 13th and will run through July 7th (No swim team on Monday, July 4th). Practice dates and times are as follows: Mondays and Thursdays from 9:15-10:15, and Wednesdays from 3:15-4:15pm. Sign ups must be turned in by May 27th. Allison welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). Price: \$85 per child for the session. **Sign Up:** Registration flyers are available at the front desk or on our website. Please contact Coach Allison Barr at [allison@homsteadcourtclub.com](mailto:allison@homsteadcourtclub.com) if you have any questions or need additional information regarding swim team.



# June Tennis Schedule

Court Times	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00 am						
7:00-8:30am						
8:30-10:00am	Women's 3.0-4.0 League Play			3.5-4.0 Clinic		8:30-9:30am 4.0+ Drop In Clinic*
10:00-11:30am	Advanced Beginner Clinic  10:00-11:00am Mighty Mites	3.0-3.5 Clinic  10:00-11:00am Mighty Mites	10:00-11:00am Mighty Mites	10:00-11:00am Mighty Mites		9:30-10:30am 3.5-4.0 Drop In Clinic*
11:30-1:00pm	11:00-12:00 Superstars	11:00-12:00 Superstars	4.0+ Drop In Clinic*  11:00-12:00	11:00-12:00 Superstars	3.0-3.5 Drop In Clinic*	10:30-11:30am 3.0 Drop In Clinic*
1:00-2:30pm	Intermediate Junior Clinic	Intermediate Junior Clinic	Intermediate Junior Clinic	Intermediate Junior Clinic		
2:30-4:00pm	High School Tennis JET Tennis	High School Tennis JET Tennis	High School Tennis JET Tennis	High School Tennis JET Tennis		
4:00-5:30pm	4:00-5:00 Mighty Mites	4:00-5:00 Mighty Mites	4:00-5:00 Mighty Mites	4:00-5:00 Mighty Mites		
5:30-7:00pm		3.0-3.5 Clinic		3.5+ Drop In Clinic*		
7:00-8:30pm						
8:30-10:00pm						

## Reminders:

Summer tennis programs are beginning the week of June 6th. To register for any of Homestead's summer tennis programs, please fill out a registration flyer, which is available at the front desk, or on our website: [www.homesteadcourtclub.com](http://www.homesteadcourtclub.com).

\*To sign up for a drop in clinic please call 970-926-1067. Member price is \$20 for one hour drop in clinics and \$25 for 1.5 hour drop in clinics.