



Homestead Owners Association & Court Club

May Events

Mother's Day
Sunday, May 8th

Board & DRC Meeting
Friday, May 13th @ 9am

FREE Tennis Clinics
Saturday, May 21st
Children's Clinic @ 10am
Adult Clinic @ 1pm

**Pool, Hot Tub, and
Steam Room CLOSED** for
cleaning & maintenance
May 22nd-29th

Spring Tennis Ends
Friday, May 27th

Memorial Day
Monday, May 30th
Childcare closed

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00-7:00pm M-F
9:00am-12:00pm Sat.

Website:

Homesteadcourtclub.com

HOMESTEAD'S OPEN SPACE AND PROPERTY SURROUNDING HOMESTEAD

The Homestead Board of Directors would like to thank all the homeowners who attended the last two open space informational meetings. Your input has been very helpful in this important decision. There will be continuing discussion regarding this topic at the May Board Meeting, which will be held on Friday, May 13, at 9:00am. We would like to encourage all members to attend this meeting and give the Board your input. You can also send your input to the Homestead Board of Directors via email at land@homesteadcourtclub.com. The Board appreciates your input on this important decision.

Summer Tennis Programs

Summer Tennis Program Flyers will be available at the front desk and on our website beginning on May 1st. This summer we will be offering clinics for all ages and ability levels and tennis camp for juniors. All summer tennis programs are beginning the week of June 6th and will run for 12 weeks. Homestead Homeowners may turn in completed flyers beginning on May 2nd. Non-resident Members may turn in completed flyers beginning on May 6th. Non-members may turn in completed flyers beginning on May 9th.

Save these important upcoming tennis dates:

May 21st ~ FREE Children's & Adult Tennis Clinics: The Children's Clinic will be held from 10-12, followed by a pizza party. The Adult Clinic will be held from 1-3, followed by a BBQ. Please call or stop by the front desk to sign up!

May 27th ~ Last Day of Spring Tennis Programs

June 6th ~ Summer Tennis Programs begin

July 15th-17th ~ Vail Valley Adult NTRP Tennis Tournament

August 5th-7th ~ Vail Valley Junior Satellite Tennis Tournament

Summer Swim Team News

Summer Swim Team: Swim Team will begin on Monday, June 13th and will run through July 7th (No swim team on Monday, July 4th). Practice dates and times are as follows: Mondays and Thursdays from 9:15-10:15, and Wednesdays from 3:15-4:15pm. Sign ups must be turned in by May 27th. Allison welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). Price: \$85 per child for the session. **Sign Up:** Registration flyers are available at the front desk or on our website. Please contact Coach Allison Barr at allison@homesteadcourtclub.com if you have any questions or need additional information regarding swim team.

Property Maintenance

The Homestead DRC is looking at properties year round and typically we use this time to catch up on reviewing maintenance of homes and lots. Each year we look at the landscaping and exterior of homes to ensure that the landscaping is in good repair and appearance, that the rest of the house is not in need of stain or paint, and that there are no other obvious maintenance needs. The Declarations and the Architectural Standards and Guidelines state that homeowners are responsible for the maintenance and repair of their residence and/or lot. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will insure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. We realize that the season for repairing roofs, painting and staining, is upon us, so we will be looking for compliance in late spring or early summer, depending on the weather. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC. If you have any questions or comments, please feel free to give us a call at 926-1067. -Homestead DRC

Gardening Club



Are you an avid gardener? Would you like to meet with other Homestead residents to share gardening tips, read gardening books, and share the fruits of your labor? If so please contact Annie Goodman via email at goodmanannie@comcast.net to let her know you are interested.

Board Of Directors Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Thursday, April 7th, 2011 at 6:00pm. In the DRC portion of the meeting one proposal was seen, a proposal for a fence at 58 Game Creek Place was approved.

Member Input included a member who was present to say that she is a real estate attorney and is willing to help out with the open space proposal.

New Business included discussion regarding the election process and an email from a member that was circulating regarding the election process. Homestead's counsel has responded to the email and the response will be posted on Homestead's website. The Board also announced that they will review the election process prior to the 2012 election.

The meeting minutes from March 2011 were approved. The February 2011 financial report was approved by the Board.

The meeting adjourned at approximately 6:37pm.

Children's Programming News



After School Reminders: There will be no After School Program on Monday, May 30th. The last day of the After School Program will be Friday, June 3rd. Jillian would like to thank all the children who attended Homestead's After School Program this year. It was a fun year and she is looking forward to seeing some of you at Camp this summer!

Summer Camp at Homestead: Summer Camp is beginning on Monday, June 13th and will run every Monday—Thursday from 8:30am-5:15pm through August 25th (No camp on Monday, July 4th). There are still spaces available, so sign up today! Registration packets are available at the front desk or on our website, www.homesteadcourtclub.com.

Please note that the childcare room will be closed on Monday, May 30th for Memorial Day.

Homestead Fitness News

CROSS TRAIN CHALLENGE W/ALLISON Looking for the perfect combination of heart pumping cardio and intense strength training? This class is it. Each week both the format and the equipment used will change to make for increased calorie burn and a total body workout. Body Composition will be taken on the first and last day and the participant with the biggest change will win a free training session with Allison. This class is limited to 10 participants, so sign up today if you want to get in! Price will be \$100 for 5 weeks. Classes will be held on Wednesdays from 9:45-10:45am beginning on May 4th. Email or call Allison to sign up (Allison@homesteadcourtclub.com or 970-926-1067).

May will be the last month of SPIN & CORE with Heidi Trueblood. So if you haven't had a chance to check out this awesome class yet, now is the time! Classes are held on Wednesdays, Spin class is from 8:45-9:45am and Core is from 9:45-10:15. Heidi's last class will be held on Wednesday, May 25th.

Adult Swim Stroke Clinic will begin Thursday, April 28th from 4:20-5:05pm and will run for four weeks. Price is \$40 for the session. 6 participant maximum. All levels are welcome, must have knowledge of freestyle stroke. Please email or call Allison to sign up (Allison@homesteadcourtclub.com or 970-926-1067).

Please note that there will be NO evening classes with Missy on Wednesday, May 4th and Wednesday, May 11th. There will be NO Mat Pliates with Missy on Thursday, May 5th and Thursday, May 12th.



May Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin* (Todd)		Spin* (Michelle)	Super Sculpt (Beth)	Spin* (Russ)	
7:10-8:30am	Vinyasa Flow Yoga (Janice)	Vinyasa Flow Yoga (Kristina)				
8:30-9:00am					Board Meeting 5/13/11 9:00am	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am			8:45-9:45 Spin (Heidi)		Anusara Inspired Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Christy)	9:45-10:15 Core (Heidi)	S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Wendi)				
5:00-5:30pm			Washboard Abs (Missy)	4:45-5:45pm Pilates Mat Class (Missy)		
5:30-6:30pm	Athlete's Edge (Justin)	Spin (Danielle)	Horizontal Conditioning (Missy)	5:45-7:00pm Vinyasa Flow All Levels (Kristina)		
6:35-7:35pm	Hatha Flow (Lindsey)		6:35-7:50 Vinyasa Flow (Janice)			

Please call the front desk to sign up for classes with an asterisk 970.926.1067

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Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALL LEVELS HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

ANUSARA INSPIRED YOGA - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

ATHLETE’S EDGE– An intense workout focusing on strength while incorporating intervals, plyometrics and core work.

BODY SHOP– Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

HORIZONTAL CONDITIONING — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga flows from one pose allows for a lot of variety, but you can expect movement, not just stretching.

WASHBOARD ABS — 30 minutes of intense abdominal and lower back training.

YOGA SCULPT — This class is a total body workout that lengthens & tones the major muscle groups. We will utilize free weights to move through our yoga postures. This is a complement to your traditional yoga practice that will push your limits of strength and flexibility. All levels are welcome.



May Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-9:00am							
9:00-10:30am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:15pm							
3:15-4:15pm	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool		
4:20-5:20pm	Swim Team		Swim Team	Stroke Clinic			
5:20-6:00pm							
6:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

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May Tennis Schedule

Court Times	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15 am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:15-9:30am						4.0+ Drop In Clinic*
9:30-10:45am						3.5 Drop In Clinic*
10:45-12:00pm	Advanced Beginner Clinic				3.0/3.5 Clinic	
12:00-1:15 pm	Intermediate 3.0/3.5 Clinic		4.0+ Drop In Clinic*		3.5 Drop In Clinic*	
1:15-2:30pm					Ladies 3.0+ League	
2:30-3:45 pm						
3:45-5:00 pm	Superstars Jr. Tennis (4-5pm)	Future Elite Jr. Tennis (4-5pm)	Superstars Jr. Tennis (4-5pm)	Future Elite Jr. Tennis (4-5pm)	Mighty Mites Jr. Tennis (4-5pm)	
5:00-6:15 pm	Teenager Group Jr. Tennis (5-6pm)	Junior Elite Tennis (5-6pm)	Teenager Group Jr. Tennis (5-6pm)	Junior Elite Tennis (5-6pm)	Superstars & Intermediate Jr. Tennis Groups (5-6pm)	
6:15-7:30 pm	Coed 3.5/4.0 League	Ladies 3.0/3.5 League	Mens 3.0/4.0 League	Coed 4.0+ League		
7:30-8:45pm	Coed 3.5/4.0 League	Ladies 3.0/3.5 League	Mens 3.0/4.0 League	Coed 4.0+ League		
8:45-10:00pm						

Reminders:

Spring Tennis Programs & Leagues are ending on May 27th. Summer Program sign ups will be available at the front desk and online beginning on May 1st. Summer programs are beginning the week of June 6th.

*To sign up for a drop in clinic please call 970-926-1067. Price is \$20 for members