



Homestead Owners Association & Court Club

April Events

Board & DRC Meeting
Thursday, April 7 @ 6pm

OPEN SPACE MEETING
Thursday, April 7th @ 7pm

Informational Lecture on Stress Management
Wed., April 13th @ 6:30pm

No Tennis Programs
April 18th-23rd

Spring Break Kids Camp
April 18th-22nd

Easter Party
Saturday, April 23rd
10:00am—Noon

Swim Team Begins
Wednesday, April 27th

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive

P.O. Box 808

Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

9:00am-12:00pm Sat.

Website:

Homesteadcourtclub.com

HOMESTEAD'S OPEN SPACE AND PROPERTY SURROUNDING HOMESTEAD—SPECIAL INFORMATIONAL MEETING APRIL 7th AT 7PM

The Homestead Board will again host a meeting to receive input from Homeowners regarding the County request that Homestead put its 400 acres of open space into a conservation easement. The Board encourages all members to attend this meeting and be a part of this very important discussion.

For more information please visit the front page of our website or stop in at the club to view the informational bulletin board. You may also send your comments to the Board via email at land@homesteadcourtclub.com

Capital Improvement Online Survey

We are currently conducting an online survey and we need your input. We invite all Homestead Homeowners to visit www.homesteadcourtclub.com to access the survey from now through April 30th. Thank you!

Homestead's Annual Easter Party

Please join us on Saturday, April 23rd, from 10am-noon for Homestead's annual Easter party. The Easter egg hunt will start at approximately 10:30am and will be held outside, weather permitting. Age groups will be: 2 and under, 3-6, and 7-10. We will also have an arts & crafts table, will be serving coffee & pastries and the Easter Bunny will be making a special appearance!! Don't forget your Easter basket!



Swim Team News

Spring Swim Session Info: Swim Team is back this spring with coach Allison Barr. Allison welcomes swimmers of any age as long as they are able to swim continuously for at least one length of the pool (25 yards). The spring session will run April 27th-May 18th.

Times: Swim Team will meet on Mondays, Wednesdays, and Thursdays from 4:20-5:20pm

Price: \$85 per child for the session

Sign Up: Registration flyers are available at the front desk or on our website. Please contact Coach Allison Barr if you have any questions or need additional information regarding swim team. Sign ups must be received by April 18th.

Exterior/Holiday Lighting Note:

The Board would like to kindly ask that all holiday lights and decorations be turned off/taken down for the season by mid-April. Homestead Standards and Guidelines read:

"The beauty of the starlit night at Homestead will be preserved by judicious use of lighting. Unnecessary use of light is prohibited in the interest of energy efficiency and maintenance of the quiet nighttime environment....Homestead also recommends that exterior lights be turned off at 10 P.M."

~ Board of Directors

Informational Lecture: Simple Ways to Prevent and Reduce the Effects of Stress on your Health

There are many different reasons we have stress in our lives, and you may be surprised to find out that not all stress is bad. However, chronic stress can lead to serious health problems. Here are some of the topics that will be addressed at this lecture: what stress is, the different types of stress, how stress effects your health, nutrition for stress, simple exercises for stress, and pressure points for emotional stress. Please join us on Wednesday, April 13th, at 6:30pm, for this informational lecture presented by Dr. Sean Miller, a board certified Chiropractor who is also certified in Applied Kinesiology and has extensive education in diet and nutrition counseling, orthopedics, and functional neurology and rehabilitation.

Board Of Directors Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Thursday, March 10th, 2011 at 6:00pm. In the DRC portion of the meeting one proposal was seen, a proposal for an addition to a home at 11 Allen Circle was approved.

Member Input included a member who would like to see more shade at tot lots. Tracy Erickson stated that it is in the plans to add shading to the park in lower Homestead this summer. A couple other members were present to discuss the voting at the annual meeting, the proxy process, and a list of members who attended the meeting. The Board addressed these issues and stated that they will review the annual meeting voting and proxy process prior to the 2012 annual meeting. Another member was present to state their concern regarding cars spinning out on the Homestead hill, which the Board agreed is dangerous, however stated that Eagle County maintains all roads in Eagle County.

New Business included appointing the Board to the DRC and appointing Bobby Ladd to be Board President, T.J. Johnson to be Vice President, and Katie Demore to be Secretary/Treasurer. Please see the front page for more info on the New Business item regarding the Eagle County Purchase of Open Space.

The meeting minutes from February 2011 were approved. The January 2011 financial report was approved by the Board.

The meeting adjourned at approximately 6:51pm.

Note: The April Board Meeting will be held on Thurs., April 7th at 6pm.

Children's Programming News

All Day Camps: Jillian will be holding a special all day camp April 18th-22nd. To register for Homestead Clubhouse, please pick up a registration packet from the front desk, or contact Jillian at 926-1067.

Registration for Summer Camp is now open! Registration packets are available at the front desk and on our website now.

Homestead Fitness News

Fitness Class Cancellation Reminder: Due to a special Open Space Meeting that will be held in Homestead's Group Fitness Studio ALL EVENING CLASSES have been cancelled on Thursday, April 7. We would like to encourage all homeowners and members to attend this special Open Space Meeting that will be held on Thursday, April 7th, at 7:00pm.

Tennis News

VMS High School Tennis will be hosting a match versus Glenwood Springs on Saturday, April 30th at 11:00am. VMS Practice will be moved to the outdoor courts and practice time will be changed to 4-5pm Monday-Friday as soon as weather permits.

Spring Tennis Programs: There is still room in all of our junior after school tennis programs and it is not too late to sign up! We still have room in the Monday and Friday adult tennis clinics, however we cancelled the following adult clinics Tues at 1:15 and Thurs 10:45. Contact Derek for more information or to sign up for any of our tennis programs.

Attention Men's Tennis Players: We would like to get a Homestead USTA team together this summer! USTA League, the country's largest recreational tennis league, has more than 330,000 players nationwide competing in match play, meeting new people and enjoying the camaraderie of teammates. Play is based on the NTRP rating system so you will play with and against players of similar ability. USTA League also offers you and your teammates a chance to advance from local play to USTA League National Championship events. If this sounds like fun to you please contact Derek!

April Fitness Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin* (Todd)		Spin* (Michelle)	Super Sculpt (Beth)	Spin* (Russ)	
7:10-8:30am	Vinyasa Flow Yoga (Janice)	Vinyasa Flow Yoga (Kristina)				
8:30-9:00am						8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am			8:45-9:45 Spin (Heidi)		Anusara Inspired Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Christy)	9:45-10:15 Core (Heidi)	S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Wendi)				
5:00-5:30pm			Washboard Abs (Missy)	4:45-5:45pm Pilates Mat Class (Missy)		
5:30-6:30pm	Athlete's Edge (Justin)	Spin (Danielle)	Horizontal Conditioning (Missy)	5:45-7:00pm Yoga Sculpt (Kristina)		
6:35-7:35pm	Hatha Flow (Lindsey)		6:35-7:50 Vinyasa Flow (Janice)	Board Meeting 4/7/11 9:00am		

Please call the front desk to sign up for classes with an asterisk 970.926.1067

Reminder: Due to a special Open Space Meeting that will be held in Homestead's Group Fitness Studio ALL EVENING CLASSES have been cancelled on Thursday, April 7. We would like to encourage all homeowners and members to attend this special Open Space Meeting that will be held on Thursday, April 7th, at 7:00pm.



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALL LEVELS HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

ANUSARA INSPIRED YOGA - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

ATHLETE’S EDGE— An intense workout focusing on strength while incorporating intervals, plyometrics and core work.

BODY SHOP— Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

HORIZONTAL CONDITIONING — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.— “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga flows from one pose allows for a lot of variety, but you can expect movement, not just stretching.

WASHBOARD ABS — 30 minutes of intense abdominal and lower back training.

YOGA SCULPT — This class is a total body workout that lengthens & tones the major muscle groups. We will utilize free weights to move through our yoga postures. This is a complement to your traditional yoga practice that will push your limits of strength and flexibility. All levels are welcome.



April Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-9:00am							
9:00-10:30am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:15pm							
3:15-4:15pm	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool		
4:20-5:20pm	Junior Fit Swimmer		Swim Team	Stroke Clinic			
5:20-6:00pm							
6:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Spring Swim Team Info

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Times: Swim Team will meet on Mondays, Wednesdays, and Thursdays from 4:20-5:20pm

Price: \$85 per child

Sign Up: Registration flyers are available at the front desk or on our website. Please contact Coach Allison Barr if you have any questions or need additional information regarding swim team. Sign ups must be received by April 18th.



April Tennis Schedule

Court Times	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15 am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:15-9:30am						4.0+ Drop In Clinic*
9:30-10:45am						3.5 Drop In Clinic*
10:45-12:00pm	Advanced Beginner Clinic				3.0/3.5 Clinic	
12:00-1:15 pm	Intermediate 3.0/3.5 Clinic		4.0+ Drop In Clinic*		3.5 Drop In Clinic*	
1:15-2:30pm					Ladies 3.0+ League	
2:30-3:45 pm						
3:45-5:00 pm	Superstars Jr. Tennis (4-5pm)	Future Elite Jr. Tennis (4-5pm)	Superstars Jr. Tennis (4-5pm)	Future Elite Jr. Tennis (4-5pm)	Mighty Mites Jr. Tennis (4-5pm)	
5:00-6:15 pm	Teenager Group Jr. Tennis (5-6pm)	Junior Elite Tennis (5-6pm)	Teenager Group Jr. Tennis (5-6pm)	Junior Elite Tennis (5-6pm)	Superstars & Intermediate Jr. Tennis Groups (5-6pm)	
6:15-7:30 pm	Coed 3.5/4.0 League	Ladies 3.0/3.5 League	Mens 3.0/4.0 League	Coed 4.0+ League		
7:30-8:45pm	Coed 3.5/4.0 League	Ladies 3.0/3.5 League	Mens 3.0/4.0 League	Coed 4.0+ League		
8:45-10:00pm						

Reminders:

Spring Tennis Programs & Leagues are going on now. There are still spaces available in most clinics. See Derek for more information or to sign up.

*To sign up for a drop in clinic please call 970-926-1067. Price is \$20 for members