



Homestead Owners Association & Court Club

March Events

Board & DRC Meeting
March 10th @ 6pm

OPEN SPACE MEETING
March 10th @ 7pm

Winter Tennis Ends
Friday, March 11th

**Daylight Savings
Time Begins**
Sunday, March 13th

Spring Tennis Begins
Monday, March 14th

St. Patrick's Day
Thursday, March 17th

Spring Begins
Sunday, March 20th

General Club Information

Club Hours:

5:55am-10:00pm M-F
6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F
3:00-7:00pm M-F
9:00am-12:00pm Sat.

Website:

Homesteadcourtclub.com

SPECIAL INFORMATIONAL MEETING REGARDING HOMESTEAD'S OPEN SPACE AND PROPERTY SURROUNDING HOMESTEAD—MARCH 10th AT 7PM

Homestead will host a meeting to hear presentations from the Eagle Valley Land Trust and Eagle County representatives. Homesteads Board will also be taking input from homeowners regarding this important discussion and future decisions concerning our open space. Homestead encourages all members to attend this meeting.

Board Meeting & DRC Meeting Date Change

The March Board & DRC Meeting date has been changed to Thursday, March 10th at 6:00pm which will be followed by the special open space meeting at 7:00pm explained above. If you have any questions regarding this change please contact Tracy Erickson at the Club.

Capital Improvement Online Survey

We want to hear from you! We invite all Homestead Homeowners to take an online survey regarding capital improvements to Homestead. Please visit www.homesteadcourtclub.com to access the survey beginning on Feb. 24.

Homestead Fitness News

Please Note: ALL evening fitness classes are cancelled on Thursday, March 10th due to a special open space meeting that will be held in the group fitness studio.

Cross Training Challenge is back by popular demand! Allison will be offering another 5 week session of cross training on Wednesdays at 10:30-11:30 am. Space is limited to 10 participants! Class will begin on March 9th and will continue through April 6th. Cost for members is \$100 for the session. Please call 970-926-1067 or email Allison to sign up or for more details:

Allison@homesteadcourtclub.com

Allison is offering another session of Junior Fit Swimmer on Monday afternoons from 4:20-5:05pm beginning March 7 and running through March 28. The first 30 minutes of class will be dedicated to stroke improvement and fitness and the last part of class will have swimming games that will help to build the swimmers confidence. This class is open to all swimmers ages 7+ who can swim at least 25 meters (one length of Homestead's pool). Price is \$40 for members. Contact Allison Barr for more information or to sign up.

Adult Swim Stroke Clinic will begin Thursday, March 10th from 4:20-5:05pm and will run for four weeks. Price is \$40 for the session. 6 participant maximum. All levels are welcome, must have knowledge of freestyle stroke.

Pilates News: Think you don't have time or money to do pilates...think again...this 30min athlete's reformer class is ONLY \$10. Cross training with Pilates will help build a balanced and aligned body to enhance sports and reduce risk of overuse injuries. Call Deana at 331-6302 to sign up...classes are limited to 3 people and will fill fast!

Homestead General Meeting Report and Election Results

This year's meeting was held on Monday, February 21st, at 7:00pm at the Homestead Court Club. Thank you to everyone who attended and participated in the business of the Association. Two seats for the Board of Directors were up for election. There were three candidates on the official ballot and there were no additional nominations from the floor. Paul Backes and Katie Demore were elected to the Board. The 2011 election is closed and all results are official. Congratulations to Paul and Katie on being elected for their first term on the Board of Directors. The Board thanked Johanna Barrows and Greg Sands for their time on the Board of Directors.

Did you know that you are a member of WECMRD?

Homestead residents are taxpayers to WECMRD and they are having a community recreation survey online. Please go to WECMRD.org for more information about this survey.

Don't Forget:

Our Annual Easter Party and Easter Egg Hunt will be held on Saturday, April 23rd, 2011!



Board Of Directors Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Friday, February 18th, 2011 at 9:00am. In the DRC portion of the meeting three proposals were seen; a final proposal for a new primary residence at 196 Russell Trail was approved, a preliminary proposal for a new duplex residence at 80 Russell Trail, and a proposal for an addition at the School Space was approved.

New Business included approval of the final reserve study, discussion about the USFS Land Swap, approval of the annual meeting ballot, appointment of the 2011 Nominating Committee which will consist of T.J. Johnson, Dale Nelson, and Johanna Barrows, and ratification of action taken outside of the meeting.

The meeting minutes from January 2011 were approved. The December 2010 financial report and the Accountant Reviewed 2010 Financials were also approved by the Board.

The meeting adjourned at approximately 10:51am.

Note: The March Board Meeting will be held on Thurs., March 10th at 6pm.

Children's Programming News

All Day Camps: Jillian will be holding a special all day camp April 18th-22nd. To register for Homestead Clubhouse, please pick up a registration packet from the front desk, or contact Jillian at 926-1067.

Summer Camp packets will be available at the front desk beginning on March 1st. Sign ups will be accepted on March 7th for Homeowners, March 14th for members, and on March 21st for non-members.

Tennis News

Winter Tennis clinics and leagues will be ending on March 11.

VMS High School Tennis Practice is beginning on February 28th. Practice will be held every Monday, Tuesday, Thursday and Friday from 6:00-7:00am on the indoor tennis courts. Practice will be moved outside as soon as weather permits.

Spring Tennis Info

All spring tennis programs will begin the week of March 14th and will run for 10 weeks, with a break from 4/18-4/22.

Sign up will begin on March 4th for Homestead Homeowners, on March 7th for Non-resident members, and on March 9th for Non-members.

Spring Leagues: Spring League Flyers are available at the front desk now.

Spring Adult Clinics:

Mondays: Beginner Clinic from 10:45-12:00 and 3.0/3.5 Clinic from 12:00-1:15

Tuesdays: 3.0/3.5 Clinic from 10:45-12:00

Wednesdays: 4.0 Drop In Clinic from 12:00-1:15

Thursdays: 3.5/4.0 Clinic from 10:45-12:00

Fridays: 3.0/3.5 Clinic from 10:45-12:00 and 3.0/3.5 Clinic from 12:00-1:15

Saturdays: 4.0+ Drop In Clinic from 8:15-9:30am and 3.5+ Drop In Clinic from 9:30-10:45am

Spring Junior Clinics:

Mondays and Wednesdays: Superstar (7-9) Group from 4:00-5:00pm and Teenage Group from 5:00-6:00pm

Wednesdays: Mighty Mites (3-5) from 3:15-4:00pm

Tuesdays and Thursdays: Future Elite (10+) from 4:00-5:00pm and Elite Juniors Group from 5:00-6:00pm

Fridays: Mighty Mites (3-5) from 4:00-5:00pm, Superstars (7-9) & Intermediates (10+) from 5:00-6:00pm



March Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin* (Todd)		Spin* (Michelle)	Super Sculpt (Beth)	Spin* (Russ)	
7:10-8:30am	Vinyasa Flow Yoga (Janice)	Vinyasa Flow Yoga (Kristina)				
8:30-9:00am					Board Meeting 3/11/11 9:00am	8:00-9:30 Intermediate Hatha Yoga (Trinity)
9:00-10:30am			8:45-9:45 Spin (Heidi)		Anusara Inspired Yoga (Tim)	
9:15-10:15am	20/20/20 (Justin)	Body Shop (Christy)	9:45-10:15 Core (Heidi)	S.I.T (Justin)		
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
12:00-1:15pm		Gentle Yoga (Wendi)				
5:00-5:30pm			Washboard Abs (Missy)	4:45-5:45pm Pilates Mat Class (Missy)		
5:30-6:30pm	Athlete's Edge (Justin)	Spin (Danielle)	Horizontal Conditioning (Missy)	5:45-7:00pm Yoga Sculpt (Lindsey)		
6:35-7:35pm	Hatha Flow (Lindsey)		6:35-7:50 Vinyasa Flow (Janice)			

Please call the front desk to sign up for classes with an asterisk 970.926.1067

PLEASE NOTE: ALL EVENING FITNESS CLASSES ARE CANCELLED ON THURSDAY, MARCH 10th DUE TO A SPECIAL OPEN SPACE MEETING THAT WILL BE HELD IN THE GROUP FITNESS STUDIO. All members are welcome to attend the meeting.





Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALL LEVELS HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

ANUSARA INSPIRED YOGA - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

ATHLETE’S EDGE– An intense workout focusing on strength while incorporating intervals, plyometrics and core work.

BODY SHOP– Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

HORIZONTAL CONDITIONING — A unique and challenging way of toning your body using mainly body weight with a few props for resistance. It defines, tones and strengthens your arms, core, back, legs, abs, and improves balance and posture.

PILATES MAT CLASS - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

VINYASA FLOW YOGA— In this yoga class the teacher will encourage you to synchronize your breath to the movement from one pose to the next on an inhale or an exhale. This style of yoga flows from one pose allows for a lot of variety, but you can expect movement, not just stretching.

WASHBOARD ABS — 30 minutes of intense abdominal and lower back training.

YOGA SCULPT — This class is a total body workout that lengthens & tones the major muscle groups. We will utilize free weights to move through our yoga postures. This is a complement to your traditional yoga practice that will push your limits of strength and flexibility. All levels are welcome.



March Pool Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
8:00-9:00am							
9:00-10:30am							
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:15pm							
3:15-4:15pm	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool	After School Kids in Pool		
4:20-5:05pm	Junior Fit Swimmer			Stroke Clinic			
5:15-6:00pm							
6:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

Swim Lessons

SWIM LESSONS ARE NOW AVAILABLE! We welcome members as well as non-members to take our swimming lessons. In order to see marked improvement, we recommend coming at least 2 times per week. One time a week is great for maintenance and getting familiar with the water. Swim lessons are 30 minutes unless otherwise specified. Please email Allison Barr at Allison@homesteadcourtclub.com or call 970-926-1067 to schedule a lesson.

SWIM LESSON PRICING:

Private: \$25 for members
 Semi Private: \$30 for members
 Group of 3: \$35 for members

About Allison: Allison Barr has been swimming since birth and has recently dusted off her water wings! She is currently working on her Level 1 Swim Coach Certification. With a passion for teaching, Allison also holds her CHSSA coaching certification as well as her SPIN, AFAA, ACE, CPR, AED & First Aid Certifications. She has been teaching here at Homestead since 2005 & has coached two successful seasons of lacrosse at Battle Mountain High School.



March Tennis Schedule

Court Times	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:15-7:15 am			Cardio Tennis*			
7:15-8:15am						Cardio Tennis*
8:15-9:30am						4.0+ Drop In Clinic*
9:30-10:45am						3.5+ Drop In Clinic*
10:45-12:00pm	Beginner Clinic	3.0/3.5 Clinic		3.5/4.0 Clinic	3.0/3.5 Clinic	
12:00-1:15 pm	3.0/3.5 Clinic		4.0+ Drop In Clinic*		3.0/3.5 Clinic	
1:15-2:30pm					Ladies 3.0+ League	
2:30-3:45 pm						
3:45-5:00 pm	Superstars Jr. Tennis (4-5pm)	Future Elite Jr. Tennis (4-5pm)	Superstars Jr. Tennis (4-5pm)	Future Elite Jr. Tennis (4-5pm)	Mighty Mites Jr. Tennis (4-5pm)	
5:00-6:15 pm	Teenager Group Jr. Tennis (5-6pm)	Elite Juniors Tennis (5-6pm)	Teenager Group Jr. Tennis (5-6pm)	Elite Juniors Tennis (5-6pm)	Superstars & Intermediate Jr. Tennis Groups (5-6pm)	
6:15-7:30 pm	Mixed 3.5+ League	Ladies 3.0+ League	Mens 3.0/4.0 League	Coed 4.0+ League		
7:30-8:45pm	Mixed 3.5+ League	Ladies 3.0+ League	Mens 3.0/4.0 League	Coed 4.0+ League		
8:45-10:00pm						

Reminders:

Winter Tennis Programs are ending on Friday, March 11th.

Spring Tennis Programs & Leagues are beginning on Monday, March 14th.

Sign ups will begin on March 4th for Homestead Homeowners, on March 7th for Non-resident members, and on March 9th for Non-members.

*To sign up for a drop in clinic please call 970-926-1067. Price is \$20 for members