



Homestead Owners Association & Court Club

May Events

Homeowners may sign
up for Summer Tennis

Monday, May 3rd

Non-residents may
sign up for Tennis

Friday, May 7th

Memorial for
Herald Trimmell

Saturday, May 8th

Mother's Day

Sunday, May 9th

May DRC and
Board Meeting

Friday, May 14th @ 9am

FREE Tennis Clinics

Saturday, May 22nd

Spring Tennis Ends

Friday, May 28th

Pool, Hot Tub and
Steam Room CLOSED
for cleaning

May 23rd-29th

General Club Information

Club Hours:

5:55am-10:00pm M-F

6:30am-10:00pm S-S

Phone:

970-926-1067

Fax:

970-926-4710

400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

Childcare Hours:

8:30am-noon M-F

3:00-7:00pm M-F

9:00am-12:00pm Sat.

Website:

Homesteadcourtclub.com

Summer Tennis Programs

Summer Tennis Flyers are available now! Pick one up at the front desk today so you can start planning for your summer. You can also download the junior and adult sign up brochures off our website under the "News & Events" link. Homestead Homeowners may turn in completed flyers beginning on May 3rd. Non-resident Members may turn in completed flyers beginning on May 7th. Non-members may turn in completed flyers beginning on May 10th.

Save these important upcoming tennis dates:

May 22nd ~ FREE Children's & Adult Tennis Clinics (Note:Date Change)

May 28th ~ Last Day of Spring Tennis Programs

June 7th ~ Summer Tennis Programs begin

July 16th-17th ~ Vail Valley Open Tennis Tournament

August 7th-8th ~ Vail Valley Satellite Junior Tennis Tournament

September 4th-5th ~ Homestead Court Club Championship Tennis Tournament

Summer Swim Programs

Homestead Swim Coach Courtney Rebel is offering a wide variety of swim programs this summer including; Swim Team, Swim Team Prep, Private Swim Lessons, Semi-Private and Group Lessons. The first session of Swim Team and Swim Team Prep will begin on May 10th and run thru June 11th (no programs the week of May 24-28 due to scheduled maintenance/cleaning).

May Swim Team will be held on Mondays, Tuesdays, and Thursdays from 5:30-6:30pm and pricing is \$90 for first child enrolled, \$80 for additional siblings.

May Swim Team Prep will be held on Tuesdays from 4:30-5:30pm and pricing is \$35 per child.

To register for any of Courtney's Summer Swim Programs please pick up the sign up sheet at the front desk or print it off our website under the News & Events page and turn in your completed form to the Front Desk.

Children's Triathlon Training

Any children between the ages of 6-13 are welcome to join Coach Courtney Rebel in training for the Iron Kids Triathlon, that will take place in Avon on July 11th, 2010. Your child will learn everything they need to know to feel comfortable and ready to participate in a triathlon; swimming, biking, running, and transition training. This group will meet every Tuesday and Thursday from 4:30-5:30pm beginning on June 14th and running through July 9th. Price for the training group is \$80 per child and does not include race entry fee. If your child is not able to compete in the Iron Kids in Avon there is another Iron Kids in Boulder on August 7th. Last year 11 Homestead children made it to Nationals in Tuscon, AZ!! For more information about the program or to sign up, please pick up a sign up sheet at the front desk.

April Board Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Friday, April 9, at 9:00am.

New Business included a motion from the Board to amend the lighting policy of the DRC guidelines to include guidelines regarding holiday lighting that were discussed at the March Board Meeting. If you would like to see the amended policy, please see Tracy Erickson at the Club. The Board also discussed notifying the public regarding a request for proposal of the Homestead School Space for Lease. Please see the article to the left for more information regarding the RFP.

The minutes were approved from the March 2010 Board meeting. The February 2010 financial report was approved.

The Directors Report included a discussion on the scheduled major repairs and improvements including updating the lighting in the tennis courts and creating an emergency access tract in upper Homestead. The meeting adjourned into executive session at approximately 9:40am.

Homestead School Lease Space Request for Proposals:

The Homestead Owners Association is soliciting proposals to provide pre-school service in the Homestead School Space. Based on neighborhood input and community surveys, the overwhelming response was to see the space continue to operate as a pre-school, with priority availability and preferential treatment for Homestead homeowners. Homestead Board of Directors would like to see that continue and further enhance the service available to the Homestead community through the operation of the pre-school.

The RFP may be picked up at the Association office during regular business hours or downloaded off our website, homesteadcourtclub.com. Completed RFP's must be turned in to the Association Office by Friday, May 7, 2010 to be considered by the Board of Directors. Please contact Tracy Erickson at the club at 970-926-1067 for more information.

Children's Programming News

Jillian would like to thank all the children who attended Homestead's After School Program this year. It was a fun year and she is looking forward to seeing some of you at Camp this summer! The last day of the After School Program will be Friday, May 28th.

Summer Camp begins on Monday, June 7th. There are still some spaces available. Pick up a registration packet at the Front Desk today!



Friendly Reminder Concerning Homestead Pets

Homestead Owners Association has recently received some comments about our neighborhood pets. These comments were mainly regarding two issues: animal control and animal waste. Eagle County law requires that dogs be under "immediate control" which includes leashing them or keeping them within 10 feet of you and under voice control. Uncontrolled dogs have created problems for other dog owners who have their own pets leashed, for people trying to ride bicycles, or for people who are uncomfortable around unleashed pets. Please be courteous in Homestead's open space, parks, and neighborhoods and leash your pet. Additionally, dogs should be cleaned up after at all times in the interest of public enjoyment of our neighborhood and public health.

Homestead Owner Association would like to suggest a reasonable balance – or at least, some balance – between the needs of a dog owner and the safety and comfort of other residents. For member safety there are no pets allowed at any time on Homestead Court Club grounds. For more information regarding Eagle County Animal Laws please go to www.eaglecounty.us and click on the Departments link, then the Animal Services link.



Memorial for Herald Trimmell

A memorial service is scheduled for 11am on Saturday, May 8th at the Eagle River Preserve, where a bench that has been specially made will be dedicated in Herald's name. There will be an opportunity for family and friends to speak at the service. The memorial will be followed by a reception at the Homestead Court Club.



May Fitness Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:05-7:05am	Spin (Todd)	6:05-7:05 Endurance Ride Spin (Amber)	Spin (Jennifer) 6:15am Cardio Tennis*	Super Sculpt (Beth)	Spin (Jennifer)	
7:10-8:30am	Vinyasa Flow Yoga (Janice)	Vinyasa Flow Yoga (Lindsey)		7:15-8:30am Vinyasa Flow Yoga (Janice)	Board Meeting 5/14/10 9:00am	7:15-8:15am Cardio Tennis*
8:30-10:00am	Masters Swim** (Courtney)				Masters Swim** (Courtney)	8:00-9:30 All Levels Hatha Yoga (Trinity)
9:15-10:15am	20/20/20 (Justin)	Body Shop (Christy)		S.I.T (Justin)	9:00-10:30am Anusara Inspired Yoga (Tim)	
10:30-11:30am	Pilates Mat Class (Deana)			Pilates Mat Class (Deana)		
11:30-12:30pm						
4:00-5:00pm	After School Program in Fitness Studio	After School Program in Fitness Studio		After School Program in Fitness Studio	After School Program in Fitness Studio	
5:30-6:30pm	Athlete's Edge (Justin)		**Power Hour (Courtney)			
6:35-7:35pm	Hatha Flow Yoga (Julie)		6:35-7:50 Vinyasa Flow (Janice)			

Homestead Court Club 970.926.1067

*Sign up is required for all classes with an asterisk.

**Please note that Courtney will be out of town from April 16th-May 9th. Masters Swim workouts will still be posted on the white board, feel free to workout on your own!!

**There will be no Power Hour on Wednesday May 5th

New Classes or changes this month are bold.

Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALL LEVELS HATHA FLOW YOGA - Based on traditional Hatha Yoga poses and the principals of alignment, the flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

ANUSARA INSPIRED YOGA - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

ATHLETE’S EDGE– An intense workout focusing on strength while incorporating intervals, plyometrics and core work.

BODY SHOP– Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO TENNIS - Join Homestead’s Tennis Pros for this fun group activity featuring drills to give players of all abilities an ultimate, high energy workout.

KID FITNESS - This class is filled with fun exercises and games and will consist of a variety of strength building exercises appropriate for children and adults. This class is suitable for children ages 6 or over and all children must be accompanied by an adult. Sign up is required.

MASTERS SWIM - Join coach Courtney Rebel for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

POWER HOUR - An all around high intensity conditioning class. This is a high energy full body strength training class utilizing weights, bands, steps & bosus.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.I.T.– “Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

May Pool Schedule



	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00am Lap Swim	6:30-8:00am Lap Swim
6:30-7:30am							
8:30-10:00am	**Masters Swim** (Courtney)				**Masters Swim** (Courtney)		
10:00am-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm							
3:15-4:00pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool		
4:30-5:30pm		Swim Team Prep					
5:30-6:30pm	Swim Team	Swim Team		Swim Team			
6:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

May/June Swim Session

May 10th-June 11th (No programs the week of May 24-28, due to pool cleaning/maintenance)

Swim Team ~ Mondays, Tuesdays, and Thursdays from 5:30-6:30pm

Swim Team Prep ~ Tuesdays from 4:30-5:30pm

To make an appointment, or sign up for any swim programs please pick up the summer swim registration form at the Front Desk or contact Courtney at 303-819-2576 or email her at courtneyreb@gmail.com.

****Please note that Courtney will be out of town from April 16th-May 9th. Masters Swim workouts will still be posted on the white board, feel free to workout on your own!!**

Pool Etiquette Reminder: Please note that the designated lap swim times are time for exercise based swimming. Please be considerate of the lap swimmers if you are using the pool room during lap swim times and keep noise levels to a minimum.

May Tennis Schedule



Court Times	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
6:00-7:00 am	VMS Team Practice	VMS Team Practice	Cardio Tennis (6:15-7:15)		VMS Team Practice	
7:00-8:15 am						Cardio Tennis (7:15-8:15)
8:15-9:30 am						
9:30-10:45 am			USTA 3.0 Team Practice		USTA 4.0 Team Practice	4.0 Drop In Clinic (9:30-10:30)
10:45am—12 pm	Advanced Beginner Clinic	Intermediate Clinic	Beginner Clinic	Intermediate Clinic	Intermediate Clinic	3.5 Drop In Clinic (10:30-11:30)
12:00-1:15 pm	Cardio Tennis (12:00-1:00)		4.0+ Drop In Clinic (12:00-1:00)	Cardio Tennis (12:00-1:00)	3.5 Drop In Clinic (12:00-1:00)	4.5 Drop In Clinic (12:30-1:30)
1:15-2:30 pm						
2:30-3:45 pm						
3:45-5:00 pm	Superstars Ages 7-9 (4:00-5:00) Intermediate Ages 10+ (4:00-5:00)	Intermediate Ages 10+ (4:00-5:00pm)	Superstars Ages 7-9 (4:00-5:00) Intermediate Ages 10+ (4:00-5:00)	Intermediate Ages 10+ (4:00-5:00pm)	Mighty Mites Ages 4-6 (4:00-5:00)	
5:00-6:15 pm	Teenagers (5:00-6:00)	JET Tennis (5:00-6:00) Superstars Ages 7-9 (5:00-6:00)	Teenagers (5:00-6:00)	JET Tennis (5:00-6:00) Superstars Ages 7-9 (5:00-6:00)	Superstars Ages 7-9 (5:00-6:00) Intermediate Ages 10+ (5:00-6:00pm)	
6:15-7:30 pm	Mixed League	Mixed League	Men's 3.5-4.0 League	Top Gun League		
7:30-8:45 pm	Mixed League	Mixed League	Men's 3.5-4.0 League	Top Gun League		
8:45-10:00 pm						

Summer Tennis Info:

Sign up flyers are available at the front desk now.

Sign up will begin on May 3rd for Homestead Homeowners

On May 7th for non-resident members

On May 10th for non-members

Spring Tennis Programs end on Friday, May 28th