

Mommy & Me Sign Up

Parent's Name _____

Child's Name _____

Child's Age _____

Member # _____

Phone # _____

Email Address _____

Fees: *If paying by CC or Check, payment must be taken in advance of the 1st class.*

Charge Account # _____

CC (please pay at front desk)

Check (please pay at front desk)

Liability Release

This is to certify that _____
and _____

are enrolled in Homestead's Swim Program.
By signing below, I assume the risk of injury
resulting from this activity.

Signature _____

Date _____

**Please turn this completed form to Allison
at the club.**



400 Homestead Drive
Edwards, Co 81632
970-926-1067
www.homesteadcourtclub.com



HCC SWIMMING

Mommy & Me Swimming

(Daddys welcome too!)

Tuesdays

10:35-11am

October 4-November 8





Mommy & Me Swimming

It's never too early to introduce your child to the water. Water classes help children to learn to enjoy their time in the water and work on their early swimming skills. Most children don't actually learn to swim until much later, but a water class can help your toddler get over a fear of water and have fun.

Ages: 6mos to 36 mos

Fees: \$72 for members
\$162 for non members

Dates: October 4-November 8

Time: 10:35-11am

Day: Tuesday

Description: Developing swimming readiness by leading parents & their children in water exploration activities with the objective of having fun & becoming comfortable in, on, and around water.

Other important info: Child must be at least 6mos old & no older than 36mos. Parent or guardian must accompany child into water and participate. Class minimum of 6, maximum of 8 parent/toddler groups. Children must wear swim diapers. HCC provides towels or you are welcome to bring one from home. Our pool temperature is kept between 82 and 84 degrees. Colorado state law states that no swim diapers are permitted in the hot tub.

Goals of Mommy & Me Swimming:

- *To introduce parents & children to routines and guidelines that promote safety*
- *To respect the rights and dignity of infants & preschool children*
- *To help parents & infants gain confidence & happiness while in the water*
- *To provide experiences that encourage infants & preschool children to return to the water eagerly & willingly*
- *To provide opportunities for parents & young children to share in a social activity.*

About your instructor:

Allison Barr has been swimming since birth . She has recently dusted off her water wings & is currently working on her Level 1 Swim Coach Certification.

No stranger to teaching, she has her CHSSA coaching certification , SPIN, AFAA, ACE, CPR, AED & First Aid Certifications and has been teaching and training at Homestead since 2005. Allison has been shadowing local instructor & is very excited to get her feet wet & start teaching!

**To Sign up for
Mommy & Me
Swimming, Please Fill
Out The Registration
Form on the Back Side
of This Flyer.**