

Homestead Owners Association & Court Club

June 2009 Newsletter



June Events

Body Comp Testing
Tuesday, June 2nd

Summer Camp, Tennis and Swimming Begins
Monday, June 8th

June DRC & Board Mtg.
Friday, June 12th @ 9am

July Group Reformer Pilates Class Sign-Ups
Friday, June 12th @ noon

Vail Valley Junior Tennis Tournament
June 13th-14th

Father's Day
Sunday, June 21st

Ice Cream Social
Thursday, June 25th

Swim Meet @ Eagle Vail
Friday, June 26th

5th Annual Ice Cream Social

We are starting off the summer with an ice cream social and game night on Thursday, June 25th at 6:30pm. Join us for a fun filled evening where you can play your favorite board games, build your own ice cream sundae, and meet your neighbors.



Edwards Interchange Project Meeting "Roundabouts at I-70"
Tuesday, June 9th, from 5-7pm at the Singletree Community Center

Tennis News

Junior Tennis Tournament ~ Homestead will be hosting our annual Junior Tennis Tournament on **June 13th-14th**. This tournament is for Juniors of all ages and levels. If you are interested in signing up, please contact Derek at the Club. Please note there will be limited court times during the tournament.

USTA Ladies Tennis Matches ~ The USTA Ladies tennis teams will be hosting meets at Homestead on June 20th, 21st, 27th, and 28th. Stop by to check out our new deck and cheer the ladies on! Please note that there will be limited court times available on these days.

Reminder: Summer Tennis Programs are beginning the week of June 8th and will run through August 21st. **Sign up now!** There are still spaces available. Please note that weekly sign ups are available for all Junior Programs. All forms for adult and children's summer tennis programs are available at the front desk now.

Save The Date: July 17th-19th ~ Vail Valley Adult Open Tennis Tournament

AT&T Cellular Tower Update

AT&T will begin construction on the pine tree cellular tower on the water tank trail beginning in June. The tower will be located directly above the water tank. It is scheduled to be completed by the end of June. Please note that the Water Tank Trail will remain open during the construction of the cellular tower.

Homestead Spraying Weeds This Month

Per State Law, Homestead staff will be spraying the open space areas for noxious weeds this month. Areas that have been treated for weeds will be dyed blue for a few days. Please keep children and pets away from the areas that are blue. Homestead will also be marking the areas with yellow flags. If you have any questions about the weed spraying please contact Tracy at the Club. Please note that Homestead does not spray for dandelions in open space or turf areas, as they are not listed as noxious weeds.

Homestead Court Club General Information:

CLUB HOURS:
5:55am-10pm M-F
6:30am-10pm S-S

PHONE: 970-926-1067
FAX: 970-926-4710

ADDRESS:
400 Homestead Drive
P.O. Box 808
Edwards, CO 81632

CHILDCARE HOURS:
8:30am-noon M-F
3:00-7:00pm M-F
9:00am-noon Saturdays
By Appointment Only.

WEBSITE:
homesteadcourtclub.com

Summer Watering Schedule

The Eagle River Water and Sanitation District has mailed out the summer watering schedule with the most recent bill. In case you missed it we would like to remind you that if your address ends in an **even** number you may water on Sundays, Wednesdays, and Fridays and if your address ends in an **odd** number you may water on Tuesdays, Thursdays, and Saturdays. There is no watering allowed on Mondays. All watering must occur before 10am or after 4pm. If you have any additional questions regarding the watering schedule, or to learn more about conserving water and FREE water conserving kits please visit www.erwsd.org.



May Board Meeting Highlights

Our most recent Board of Directors and Design Review Committee Meeting was held on Friday, May 8, 2009, at 9:00am. The DRC reviewed two proposals; a proposal for an addition and exterior changes at the Glending residence at 107 Lindsay Trail was approved and a proposal for an new entrance sign at Elk Meadows was also approved.

Member Input included a question regarding Homestead's financial report and a question regarding the open space land in lower Homestead next to the red school house.

New business included a presentation on the proposed design for the B&B parcel located adjacent to Homestead's property and a lengthy discussion regarding the Children's House Montessori school lease negotiation. The Board motioned to deny the renegotiation, assignment, or extension of the lease of the current tenant.

Matters Pending included scheduling the next Strategic Planning Meeting for Thursday, June 11th at 7pm in the Homestead Court Club Community Room.

The minutes were approved from the April Board meeting. The March 2009 financial report was approved. The directors report included discussion about upcoming capital repairs and improvements and an executive session.

Fitness News

Free Body Composition Testing will be held on June 2nd, from 9-11am. Sign up at the Front Desk.

Tri Training - Courtney Rebel will be coaching an 8 week Tri Training Program beginning on June 15th. This program will meet every Monday (at 6pm), Wednesday (at 6pm) and Saturday (at 9am). The training program will prepare you to compete in the Bec Triathlon in Avon on Saturday, August 8th. Cost is \$175 for members. If you would like more info please come to the registration meeting on Wednesday, June 10th at 6pm, or contact Courtney at courtneyreb@gmail.com.

HCC Summer Swim Team Info

Swim Team ~ The summer session will run June 8th-August 1st and will meet on Tuesday and Thursday mornings from 8:30-9:30am and on Mondays, Tuesdays, Wednesdays and Thursdays from 4:30-5:30pm. Summer Swim Meet Dates: 6/26 @ Eagle Vail, 7/10 @ Eagle, 7/24 @ Eagle Vail, and 8/1 @ Eagle. Price is \$200 for first child/\$180 for each additional sibling. There will also be an entry fee for the swim meets.

Swim Team Prep ~ The first session will run from June 8th-July 3rd, and the second session will run from July 6th-July 31st and will meet on Mondays, Tuesdays, and Thursdays from 4:00-4:30pm. Price is \$90 per session for the first child and \$80 for each additional sibling.

Property Maintenance

The Homestead DRC is looking at properties year round and typically we use this time to catch up on reviewing maintenance of homes and lots. Each year we look at the landscaping and exterior of homes to ensure that the landscaping is in good repair and appearance, that the rest of the house is not in need of stain or paint, and that there are no other obvious maintenance needs. The Declarations and the Architectural Standards and Guidelines state that homeowners are responsible for the maintenance and repair of their residence and/or lot. If, in our travels, we see that some maintenance is needed on your property, we will notify you of our observations. Our goal is to establish a dialog with you that will insure your property is brought into compliance in a timely manner, serving both the Association's needs and your own. We realize that the season for repairing roofs, painting and staining, is upon us, so we will be looking for compliance in late spring or early summer, depending on the weather. For those of you who are planning exterior work, please remember that any landscaping/exterior changes and/or improvements must be applied for and approved by the DRC.

If you have any questions or comments, please feel free to give us a call at 926-1067. -Homestead DRC

Neighborhood Crime Warning

We have recently had some theft and vandalism in the Homestead Neighborhood. In one case some cars parked outside were keyed and on a separate night someone stole items out of cars that were left unlocked. Although uncommon, crime does happen in Homestead. Discourage theft by locking your cars and homes, and keeping garage doors closed to avoid being an easy target for crime. Please help us keep an eye out and report any suspicious activity to the police. We appreciate your help in keeping the neighborhood safe.





June Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:05-7:05am	Spin* (Todd)	6:05-7:30 Endurance Ride Spin* (Amber)	6:05am Spin* (Jennifer)		6:05-7:05am Spin* (Jennifer)		
7:10-8:30am		All Levels Hatha Flow (Jordan)			Board Meeting 6/12/2009 9:00am		
8:00-9:00am	Fit Forever (Chris) Master's Swim 8:30-10:00 (Courtney)				Masters Swim 8:30am (Courtney)	All Levels Hatha Yoga (Trinity)	
9:15-10:15am	20/20/20 (Ashley)	Body Shop (Christy)		S.I.T (Justin)	9:00-10:20 Anusara Inspired Yoga (Suzanne)		
10:30-11:30am	Pilates Mat Class (Deana)	FREE BODY FAT TESTING June 2nd* 9-11am		Pilates Mat Class (Deana)			
11:30-12:30pm	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio			
4:00-5:00pm	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio	Kids Camp in Fitness Studio			
5:00-5:30pm			Washboard Abs (Allison)				
5:30-6:30pm	Athlete's Edge (Justin)	Zumba (Kim)	20/20/20 (Allison)	Spin (Jennifer)			
6:35-7:35pm	Hatha Flow (Jordan)	Mat Pilates (Katie)	Athletic Yoga (Julie)				

*Sign up required

Club Phone #970-926-1067

S.A.S. with Heidi will return in the fall



Fitness Class Descriptions

20/20/20 - An invigorating, fast paced fitness class that challenges your endurance. You will utilize various forms of fitness equipment totaling 20 minutes of intervals, 20 minutes of weights, and 20 minutes of core.

ALL LEVELS HATHA FLOW YOGA - This class is based on traditional Hatha Yoga poses and the principals of alignment. The flowing moves encourage breath and movement synchronization. Focus is on body awareness and working within personal limits while building strength & flexibility with a calm mind.

ANUSARA INSPIRED YOGA - Literally meaning “flowing with grace,” Anusara focuses on an elegant system of alignment, postural sequencing and breath.

ATHLETE’S EDGE— An intense workout focusing on strength while incorporating intervals, plyometrics and core.

ATHLETIC YOGA - Previous yoga experience is highly recommended. This class flows through Vinyasa’s quickly. Poses are held for great lengths of time and advanced poses are always addressed.

BODY SHOP— Join Christy for a full hour of weight training. This class will focus on building strength and balance while using proper form.

CARDIO TENNIS - Join Homestead’s Tennis Pros for this fun group activity featuring drills to give players of all abilities an ultimate, high energy workout.

FIT FOREVER - For the seasoned adult. This class is geared to the older population who want to work on strength, flexibility and balance to help with activities of daily living.

MASTERS SWIM - Join coach Courtney Rebel for a structured swim workout designed to help you improve your fitness or train for specific goals. Open to all levels.

PILATES MAT - An exercise system focused on increasing flexibility and strength for the total body without building bulk. No apparatus is used during this class.

SPIN - A cardio workout without comparison. All instructors incorporate climbing, intervals and steady state training. Guaranteed to make you sweat! Each instructor creates a different design for each class.

S.A.S. - 55 minutes of spin followed by 30 minutes of Abdominal work and finish with a stretch!

S.I.T.—”Strength and Interval Training.” Another high energy conditioning class utilizing the step, bosu, weights and intervals to keep your heart pumping!

SUPER SCULPT-- This class will focus mostly on core, and legs, while using other muscle groups in a functional training setting.

WASHBOARD ABS - 30 minutes of intense abdominal and lower back training.

ZUMBA—A fitness program inspired by Latin dance. Zumba combines Latin rhythms with cardiovascular exercise to create an aerobic routine that is fun and easy to follow



June Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	6:30-8:00 Lap Swim	6:30-8:00 Lap Swim
8:30-9:30am	Masters Swim (Courtney) 8:30-10am	8:30-9:30am Swim Team (Courtney)		8:30-9:30am Swim Team (Courtney)	Masters Swim (Courtney) 8:30-10am		
10:00-11:00am							
12:00-1:00pm							
1:00-2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
2:00-3:30pm	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool	Kids Camp in Pool			
3:30-4:30pm	Swim Team Prep	Swim Team Prep		Swim Team Prep			
4:30-5:30pm	Swim Team	Swim Team	Swim Team	Swim Team			
7:00-9:00pm							
9:00-10:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim

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Swim Team Prep ~ The first session will run from June 8th-July 3rd, and the second session will run from July 6th-July 31st and will meet on Mondays, Tuesdays, and Thursdays from 4:00-4:30pm. Price is \$90 per session for the first child and \$80 for each additional sibling.

Private/Semi-Private Lessons: are available with instructor Courtney Rebel upon appointment. To make an appointment, please contact Courtney at 303-819-2576.

Pool Etiquette Reminders: Please note that the designated lap swim times are time for exercise based swimming. Please be considerate of the lap swimmers if you are using the pool room during lap swim times and keep noise levels to a minimum.

Childcare Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30am-12:00pm	Childcare Open	Childcare Open	Childcare Open	Childcare Open	Childcare Open	9am-12pm Childcare Open	
3:00pm-7:00pm	Childcare Open	Childcare Open	Childcare Open	Childcare Open	Childcare Open		

Reservations: Homestead Homeowners may make reservations up to 48 hours in advance.
Outside Members may make reservations up to 24 hours in advance.

Cut Off Times: We ask that you call before 8:00am to make morning reservations for the day of, and before 1:00pm to make afternoon reservations for the day of.

Cost: \$3.00 per half hour per child. Childcare punchcards are available at the front desk for \$60 (20 punches).

Capacities: Up to 12 children in the AM (max 3 infants) and up to 6 children in the PM (max 1 infant).

Ages: 6 weeks - 12 years old (infants are considered 6 weeks to 15 months old)

Tennis Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15-7:15am			6:15am Cardio Tennis				
7:15-8:15am						Cardio Tennis	
8:30-9:30am						4.0 Drills & Skills Drop In	
10:00-11:00am	Mighty Mites 10-11:30am Advanced Beginner Clinic	Mighty Mites 10-11:30am Intermediate Clinic	Mighty Mites	Intermediate Clinic	Intermediate Clinic	9:30-10:30 3.5 Drills & Skills	
11:00-12:00pm	Superstars	Superstars	Superstars 11:30-1:00pm Advanced Drills & Skills Clinic	Superstars		10:30-11:30 Beginner Drills & Skills	
1:00-2:00pm	Junior Intermediate Group	Junior Intermediate Group	Junior Intermediate Group	Junior Intermediate Group			
2:30-4:00pm	High School Tennis	JET Tennis	High School Tennis	JET Tennis			
4:00-5:00pm	Mighty Mites	Mighty Mites	Mighty Mites	Mighty Mites			
5:30-7:00pm			Intermediate Clinic				

***Sign up:** All tennis programs on this schedule require sign up in advance. Contact Derek to sign up for programs.